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[Andrés, V.S., Pérez-Panadés, J., Carbonell, E.A., Castañera, P., Urbaneja, A. (2009). Effects of post-teneral nutrition and ginger root oil exposure on longevity and mortality in bait treatments of sterile male *Ceratitis capitata*. *Entomologia Experimentalis et Applicata*, 132(3), 256-263.]

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The final publication is available at

[\[https://doi.org/10.1111/j.1570-7458.2009.00893.x\]](https://doi.org/10.1111/j.1570-7458.2009.00893.x)

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1 **Effects of post-teneral nutrition and ginger root oil exposure on**
2 **longevity and mortality in bait treatments of sterile male *Ceratitis***
3 ***capitata***

4
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17
18 **Short title:** *Effects of pre-release diet and ginger root oil on medfly*

19
20 **Key words:** Sterile Insect Technique, SIT, medfly, sugar, protein, proteinaceous bait, Diptera,
21 Tephritidae

22
23 **Accepted: 23 June 2009**

24

25 Abstract

26 Area-wide Sterile Insect Technique (SIT) programmes against medfly, *Ceratitis capitata*
27 (Wiedemann) (Diptera: Tephritidae), are being increasingly implemented worldwide. A key
28 issue for SIT is to release sterile males that are sufficiently competitive with males from the
29 wild population. Post-teneral nutrition and ginger oil (GRO) exposure of sterile males prior to
30 release have been shown to improve male competitiveness or performance. However, few
31 studies are available on the effect of post-teneral nutrition and ginger oil exposure on longevity
32 and mortality in bait treatments by sterile male *C. capitata*. In this study, we found that
33 longevity was increased by the addition of protein to the standard pre-release sugar diet,
34 whereas exposure to GRO did not influence the longevity of sterile males. Mortality in
35 spinosad baits was influenced both by diet and GRO exposure. Sterile males on a protein-
36 deprived diet suffered greater mortality than sterile males fed with both sugar and protein.
37 When sterile males were fed on the protein-deprived diet, GRO exposure increased their
38 mortality. However, no significant differences were found in adults on the sugar-protein diet,
39 whether or not they had been exposed to GRO. These results show, for the first time, a
40 negative effect of GRO exposure in terms of increasing mortality in proteinaceous bait
41 treatments, a common practice in areas where SIT is implemented. Nevertheless, this effect
42 could be reduced by the addition of protein to the standard pre-release diet. The implications
43 of these results for SIT programmes against *C. capitata* are discussed.

44

45

46 **Introduction**

47 The Mediterranean fruit fly (medfly), *Ceratitis capitata* (Wiedemann) (Diptera: Tephritidae), is
48 considered a major pest of citrus orchards in Spain, causing huge fruit losses and quarantine
49 restrictions. Current medfly control strategies in Spain have been mainly based on field
50 monitoring and aerial and terrestrial treatments with organophosphate insecticides, especially
51 malathion mixed with proteinaceous baits (Primo et al., 2003). To reduce the environmental
52 impact of these treatments, greater emphasis has been placed on implementing safer
53 environmental measures to control adult medfly in Spain in recent years (Castañera, 2003),
54 such as the Sterile Insect Technique (SIT) and the use of pyrethroids or reduced-risk
55 insecticides, such as spinosad or azadirachtin (Peck & McQuate, 2000; Burns et al. 2001; Raga
56 & Sato, 2005; Chueca et al., 2007; Urbaneja et al., 2009). The success of SIT against medfly
57 depends greatly upon mating performance between released sterilized males and wild females.
58 Moreover, sterile males must survive long enough to apply continuous pressure on wild
59 populations.

60 Fruit flies need sugars and proteinaceous sources to survive and to reach sexual maturity.
61 In the field, wild populations find these nutrients from various sources, such as bird dung or
62 exuded plant sap and rotting fruits (Christenson & Foote, 1960; Bateman, 1972).
63 Consequently, the composition of the diet supplied to sterile males before release is crucial.
64 Post-teneral nutrition and, in particular, the addition of protein to the standard sugar diet and
65 exposure of sterile males to ginger root oil (GRO) [*Zingiber officinale* Roscoe
66 (Zingiberaceae)] prior to release, have been shown to improve male competitiveness,
67 performance, and longevity (Shelly et al., 2004a,b; Yuval et al., 2007).

68 On the other hand, medfly males deprived of protein following emergence showed a
69 preference and attraction for odours and sources of protein (Prokopy et al., 1996; Manrakhan
70 & Lux, 2008). Therefore, another beneficial effect of a post-teneral protein-rich diet for sterile
71 males is a reduction of their attraction to protein-based insecticide baits (Barry et al., 2003).

72 Another approach, which has been shown to improve male competitiveness, is exposure
73 of males to attractants prior to release. In particular, exposure to GRO, which contains the
74 male-biased attractant alpha-copaene (Flath et al., 1994; Nishida et al., 2000), has been
75 recently shown to increase mating success in different experimental settings (Shelly, 2001;
76 Shelly & McInnis, 2001; Shelly et al., 2004a,b, 2006, 2007).

77 As mentioned above, the influence of dietary protein has been largely studied in terms of

78 longevity, mating competitiveness, as well as the increase of sexual competitiveness with or
79 without exposure to GRO. However, the interaction of these two factors in terms of longevity
80 or attraction to proteinaceous insecticide baits has not yet been described.

81 Our study was based on the hypothesis that the increase of sexual activity of males
82 exposed to GRO may have an energetic cost that induces them to search for food resources,
83 such as proteins included in bait treatments. This is particularly interesting in those areas where
84 a SIT program is being implemented and chemical treatments are carried out in parallel to
85 maintain orchards unblemished. This could be the case in the Valencia Region (Spain), where
86 the SIT program against *C. capitata* covering 180 000 ha of citrus includes commercial
87 orchards that are treated mainly with bait treatments (Argilés & Tejedo, 2007). Here, we
88 report on the effects of post-teneral nutrition and GRO exposure on longevity and attraction to
89 bait treatments by sterile medfly males.

90

91 **Materials and methods**

92 **Insects**

93 Sterile male flies of the Vienna 8 strain, also named GS1/D53 or T(Y;5D30C) (Franz, 2002)
94 were obtained from the mass rearing facility in Mendoza, Argentina. Vienna 8 is a ‘male-only’
95 strain containing a *tsl* (temperature sensitive lethal) mutation that allows elimination of females
96 at the egg stage. Males used in the current study were dyed and irradiated as pupae 2 days
97 before emergence under hypoxia at 90 Gy gamma irradiation. Unless otherwise stated,
98 environmental conditions were 25 ± 4 °C, $75 \pm 5\%$ r.h., and L16:D8 photoperiod in a climate
99 chamber.

100 To obtain a cohort of adults for each experiment, approximately 4 000 pupae were
101 divided into four Perspex cages ($20 \times 20 \times 20$ cm) in which adults were allowed to emerge.
102 After emergence, about 1 000 adult males (<24 h old) from each cage were given one of two
103 diet regimes: protein-fed or protein-deprived. Protein-fed flies had ad libitum access to a diet
104 containing a mixture of sugar and hydrolyzed yeast (Biokar Diagnostics, Pantin, France) (4:1
105 wt/wt) and water, whereas protein-deprived adults only had access to a sugar diet and water.
106 Five-day-old adults were used in all subsequent experiments.

107

108 **Protein and ginger root oil influence on longevity**

109

110 *Experiment with access to food and water.* Four treatments were compared: i) protein-fed flies
111 not exposed to GRO, ii) protein-fed flies exposed to GRO, iii) protein-deprived flies not
112 exposed to GRO, and iv) protein-deprived flies exposed to GRO. The experimental arena
113 consisted of ventilated plastic cylinders (16 cm high × 13 cm in diameter) that were placed in
114 an environmental chamber under the conditions mentioned above. Forty 5-day-old males were
115 confined per container, and maintained on their respective diets (protein-fed or protein-
116 deprived) and water. Six replicates were performed for each treatment. For the GRO
117 treatments, 1 day before starting the assay, flies were exposed for 3 h to GRO (Shelly et al.,
118 2004b) by impregnating a piece of filter paper with 100 µl of ginger root oil (Ginger essential
119 oil; Guinama, Valencia, Spain). Exposure was conducted in separate rooms from those used to
120 hold all other flies, thus avoiding inadvertent exposure of ginger root oil to control and GRO-
121 deprived males. The arena was checked daily and dead males were recorded and removed.

122
123 *Experiment without access to food and water.* For this experiment, the same four treatments
124 were compared as in the previous experiment, except that after adults were introduced into the
125 ventilated plastic cylinders, no food or water was provided.

126 127 **Mortality in bait treatments**

128 Three factors were studied in this experiment: 1) two diets (protein-fed and protein-deprived),
129 2) with or without exposure to GRO, and 3) with or without exposure to spinosad bait. The
130 bait treatment assayed was Spintor Cebo[®] at 10% (Dow AgroSciences, Ibérica, Spain; GF-
131 120[®] in the Americas), containing spinosad and a mix of sugars, hydrolyzed proteins, water,
132 and attractants.

133 To assay mortality due to the treatment being tested we applied the extended-laboratory
134 method described by Medina et al. (2004). Clementine leaves [*Citrus clementina* Hort. ex
135 Tan., variety Nules (Rutaceae)] were collected from 2-year-old plants grown in a glasshouse
136 located at the Instituto Valenciano de Investigaciones Agrarias (IVIA) and taken to the
137 laboratory. Five droplets of 5 µl of the corresponding treatment were randomly distributed on
138 each leaf with the use of a micropipette. The petiole of each leaf was placed in an Eppendorf
139 tube containing 3% Triton[®] (Sigma-Aldrich, St. Louis, MO, USA) to retain leaf turgidity
140 during the experiments. The petiole of the leaf was glued to the tube with plasticine (Plastilina
141 Jovi[®]; JOVI, Barcelona, Spain). The tube with the treated leaf was fixed with plasticine to the

142 bottom of a plastic cage (15 × 7 cm, 10 cm deep), with a tight-fitting lid that had a gauze-
 143 covered aperture of 12 × 8 cm on the upper side for ventilation.

144 Once droplets were dry, 10 adult flies were introduced into a plastic cage for each
 145 replicate, and cages were maintained in a climate chamber at the experimental conditions
 146 mentioned above. The flies were fed with a mixture of honey and water in an Eppendorf tube
 147 fixed to the bottom of the cage and water was offered ad libitum. Mortality was evaluated daily
 148 until the 6th day after introduction of flies. Ten replicates per treatment were made.

149

150 **Data analysis**

151 Longevity was analysed by two-way ANOVA with ‘protein’ and ‘GRO’ as main fixed factors.
 152 Mortality in bait treatment data was analysed using a logistic model with random effects
 153 (GLIM; Molenberghs & Verbeke, 2005). The aim of this analysis was to obtain a logistic curve
 154 fitted for each combination of diet and bait, including random effects in some of the parameters
 155 due to the replicates. If Y_{ijkm} denotes the number of dead sterile flies with diet i ($i = 1,2,3,4$),
 156 bait treatment j ($j = 1,2$), replicate k ($k = 1, \dots, 10$), and day m ($m = 1, \dots, 6$), the full model is:

$$157 \quad \pi_{ijkm} = E[y_{ijkm} | u_k, v_k] = \frac{1}{1 + \exp\left\{-(a_{ij} + u_k) - (b_{ij} + v_k) \times \text{day}_m\right\}},$$

$$158 \quad a_{ij} = \alpha_0 + \alpha_i \cdot I(\text{diet}=i) + \alpha_j \cdot I(\text{bait}=j) + \alpha_{ij} \cdot I(\text{diet}=i \& \text{bait}=j),$$

$$159 \quad b_{ij} = \beta_0 + \beta_i \cdot I(\text{diet}=i) + \beta_j \cdot I(\text{bait}=j) + \beta_{ij} \cdot I(\text{diet}=i \& \text{bait}=j),$$

$$160 \quad y_{ijkm} | u_k, v_k \sim \text{Binomial}(n_{ijk}, \pi_{ijkm}), \text{ and}$$

$$161 \quad [u_k, v_k] \sim N\left([0,0], \begin{bmatrix} \sigma_u^2 & \sigma_{uv}^2 \\ \sigma_{uv}^2 & \sigma_v^2 \end{bmatrix}\right).$$

162 I is an indicator variable that equals one if the condition is true, and it equals zero if not true.

163 The last level of each factor (treatment ‘diet’ or ‘bait’) was considered the base level and fixed
 164 to zero. Therefore, the number of estimated parameters of the full model was 19. From the
 165 above full model, the Bayesian information criterion (BIC; Schwarz, 1978), was used to select
 166 a reduced model with fewer parameters. Once the model was fitted, the time (days) required to
 167 reach 50 and 90% mortality for each treatment was estimated.

168

169 **Results**

170 **Protein and ginger root oil influence in longevity**

171 No interaction was observed between protein and GRO ($F_{1,23} = 0.72$, $P = 0.41$). Longevity of
 172 5-day-old sterile protein-fed adult males (Vienna 8 *tsl*) was significantly higher than of protein-
 173 derived males, when males had access to food and water (ca. 15 vs. 10 days; $F_{1,23} = 103.96$,
 174 $P < 0.0001$). Moreover, exposure to GRO did not influence male longevity ($F_{1,23} = 0.47$, $P =$
 175 0.50) (Figure 1A).

176 When food and water were not available to 5-day-old males during the experiment, no
 177 interaction between factors was observed ($F_{1,23} = 0.45$, $P = 0.51$). In this case, longevity was
 178 significantly shorter in protein-fed males than in protein-deprived males (1 vs. 1.2 days; $F_{1,23} =$
 179 33.69 , $P < 0.0001$) (Figure 1B), whereas exposure to GRO did not influence male longevity
 180 ($F_{1,23} = 2.29$, $P = 0.15$).

181

182 **Mortality in bait treatments**

183 The final selected model included only 14 of the original 19 parameters, corresponding to the
 184 fixed effects of “diet” and “bait” ($\alpha_0, \alpha_i, \alpha_j$), their interaction (α_{ij}), the random effect (u) in the
 185 intercept, and only main effects for “day” ($\beta_0, \beta_i, \beta_j$). Estimates and standard errors for the
 186 coefficients of the models are presented in Table 1. Figure 2 shows the data and fitted curves,
 187 and in Figure 3 the fitted curves are pooled, for ease of comparison. These curves represent the
 188 evolution for an ‘average’ replicate in each treatment, i.e., a replicate with $u_k = 0$. Estimated
 189 values in the curve are close to the mean, indicating a good fit to the model for each treatment.
 190 Comparing the parameters of the curve, significant differences were detected between some
 191 intercepts (Table 2) but not between slopes (Table 3).

192 Mortality of sterile male flies was influenced by both diet and GRO exposure. Protein-
 193 deprived adults reached 50% mortality before protein-fed adults, but there was no difference
 194 found for 90% mortality (Table 4). In the case of protein-deprived adults, GRO exposure
 195 increased mortality. Indeed, 50 and 90% mortalities were reached significantly more slowly by
 196 protein-deprived adults exposed to GRO than the other treatments (Table 4).

197

198 **Discussion**

199 Our results showed a positive effect of the addition of protein to the pre-release diet on the
 200 longevity of Vienna 8 *tsl* sterile males when flies had ad libitum access to this diet. The effect
 201 of protein nutrition on sterile male survival has been shown to be rather complex and strain-

202 dependent (Kaspi & Yuval, 2000; Chang et al., 2001; Shelly & Kennelly, 2002; Shelly &
203 McInnis, 2003; Shelly et al., 2003; Maor et al., 2004; Levy et al., 2005). Indeed, data relating
204 to the effect of dietary protein on male survival is scant and conflicting (Shelly & McInnis,
205 2003). In any case, the influence of protein on longevity found under laboratory conditions,
206 whether positive or negative, seems to disappear in the field, where flies have access to various
207 protein sources, such as carcasses or faeces (Shelly & Edu, 2008).

208 In our study, the ability to withstand a period of starvation was reduced when sterile
209 males had access to protein in the pre-release diet. The same result has been previously
210 discussed by Yuval et al. (2007), who described that a protein-rich diet provided to males
211 before starvation may commit them, metabolically, to reproduction (Carey et al., 2002) by
212 diverting resources to pheromone and accessory glands and energy to sexual advertisement
213 (Levy et al., 2005). This commitment carries higher sexual rewards in some environments, at
214 the cost of survival under starvation conditions. Previous studies have demonstrated that
215 aromatherapy enhances male mating success (Shelly, 2001; Shelly & McInnis, 2001; McInnis
216 et al., 2002; Shelly et al., 2003, 2004a,b, 2006, 2007) even 4-5 days following exposure
217 (Shelly et al., 2007). In our study, we found that longevity of the Vienna 8 *tsl* flies was not
218 affected by GRO exposure or the interaction of GRO and protein diet. These results
219 correspond with those obtained by Shelly et al. (2003) and Levy et al. (2005).

220 The inclusion of bait treatments resulted in a novel negative effect of GRO exposure on
221 mortality in bait treatments by sterile Vienna 8 *tsl* flies. Exposure to GRO could increase their
222 attraction to the bait treatment. As protein could provide males with an important advantage
223 when copulating (accessory gland secretions are composed of peptides and proteins), an
224 explanation for this attraction to bait treatments for protein-deprived males exposed to GRO
225 could be attributed to intensive male sexual signalling, leading males to search for protein
226 sources. In this context, Yuval et al. (1998) reported that lekking males, which were actively
227 signalling, contained higher levels of protein and sugar than resting males.

228 In recent years, most of the SIT programs worldwide have adopted a sugar diet as the
229 standard pre-release diet and have used GRO exposure prior to the release of sterile males to
230 enhance sexual behaviour. Here, we have shown that this is the most lethal combination for
231 sterile male survival in the presence of spinosad bait. On the other hand, most effective for
232 sterile male survival was the mixed diet of sugar and protein,. Although it could be concluded
233 that the sugar and protein diet is the best pre-release diet for sterile males, the beneficial effects
234 of GRO exposure would seem to discount this conclusion. Certainly, this detrimental result

235 was tempered with the addition of protein to the diet, as our results have shown. Hence, the
 236 addition of protein to the pre-release diet may reduce the need for sterile males to search for
 237 proteins under field conditions. Likewise, females that have mated with a sterile male
 238 previously exposed to GRO prefer to re-mate with other GRO-exposed sterile males rather
 239 than wild males, thus giving sterile males a sexual advantage in sperm competition with wild
 240 males (Shelly et al., 2004c)

241 In conclusion, the findings of this study may have important practical implications for
 242 area-wide control strategies for medfly, where both sterile male releases and bait treatments are
 243 combined. Therefore, it will be important to ascertain whether similar results are obtained
 244 under field conditions.

245

246 **Acknowledgments**

247 This work was funded by FEOGA Cooperación, the Conselleria d'Agricultura, Pesca i
 248 Alimentació de la Generalitat Valenciana and INIA (RTA03-103-C6-01). B. Sabater (IVIA,
 249 Spain) provided useful comments on an early draft of the manuscript. We are thankful to R.
 250 Argilés and J. García de Oteyza (TRAGSA, Spain) for providing the Vienna-8 pupae and to H.
 251 Montón (IVIA, Spain) for technical assistance. V. San Andrés was recipient of a PhD grant
 252 from the INIA.

253

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368 **Figure captions**

369 **Figure 1** Effect of diet treatment [sugar or sugar + protein (4:1, wt/wt)] and exposure to
370 ginger root oil on the mortality of 5-day-old sterile Mediterranean fruit flies, (A) with ad
371 libitum access to water and the corresponding diet, or (B) without access to water or diet.

372

373 **Figure 2** Original data (dots), mean values (x), and mortality fitted curves of 5-day-old sterile
374 Mediterranean fruit flies using the selected logistic model. Each separate graph shows the
375 different combination of diet [sugar or sugar + protein (4:1, wt/wt) with or without exposure
376 to ginger root oil] and bait treatment (spinosad or control).

377

378 **Figure 3** Comparison of the mortality fitted curves of the different combination of diet [sugar
379 or sugar + protein (4:1, wt/wt) with or without exposure to ginger root oil] for 5-day-old
380 sterile Mediterranean fruit flies using the selected logistic model for each bait treatment
381 (spinosad or control). Dotted horizontal lines denote 50 and 90% mortality.

382

383 **Table 1** Estimates (\pm SE) for the coefficients of the logistic curve fitted for each combination
 384 of post-teneral diet and bait treatment, where 'a' is related to the intercept and 'b' to the
 385 increase in number of sterile male *Ceratitits capitata* dead due to time

	Control		Spinosad	
	a _{ij}	b _{ij}	a _{ij}	b _{ij}
Sugar	-3.032 \pm 0.284	0.441 \pm 0.062	-0.977 \pm 0.207	0.756 \pm 0.065
Sugar + GRO	-3.766 \pm 0.329	0.510 \pm 0.070	-0.570 \pm 0.217	0.824 \pm 0.075
Sugar + protein	-4.417 \pm 0.367	0.549 \pm 0.073	-1.630 \pm 0.217	0.864 \pm 0.069
Sugar + protein + GRO	-3.076 \pm 0.276	0.402 \pm 0.061	-1.207 \pm 0.205	0.717 \pm 0.062

386

387

388 **Table 2** Estimates (\pm SE) and P-values to contrast the 'a' parameters of the logistic curve
 389 fitted for each combination of post-teneral diet and bait treatment in *Ceratitis capitata* flies

	Control		Spinosad	
	Estimate	P	Estimate	P
Sugar vs. sugar + GRO	0.734 \pm 0.406	0.0711	-0.407 \pm 0.276	0.1404
Sugar vs. sugar + protein	1.384 \pm 0.421	0.0011	0.653 \pm 0.281	0.0203
Sugar vs. sugar + protein + GRO	0.044 \pm 0.360	0.9026	0.231 \pm 0.265	0.3835
Sugar + GRO vs. sugar + protein	0.651 \pm 0.455	0.1531	1.060 \pm 0.289	0.0003
Sugar + GRO vs. sugar + protein + GRO	-0.690 \pm 0.399	0.0842	0.638 \pm 0.274	0.0203
Sugar + protein vs. Sugar + protein + GRO	-1.340 \pm 0.413	0.0013	-0.422 \pm 0.279	0.1310

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392 **Table 3** Estimates (\pm SE) and P-values to contrast the 'b' parameters of the logistic curve
 393 fitted for each combination of post-teneral diet and bait treatment in *Ceratitis capitata* flies

	Estimate	P
Sugar vs. sugar + GRO	-0.069 ± 0.086	0.4258
Sugar vs. sugar + protein	-0.108 ± 0.086	0.2078
Sugar vs. sugar + protein + GRO	0.039 ± 0.078	0.6162
Sugar + GRO vs. sugar + protein	-0.039 ± 0.092	0.6706
Sugar + GRO vs. sugar + protein + GRO	0.108 ± 0.085	0.2032
Sugar + protein vs. sugar + protein + GRO	0.147 ± 0.084	0.0794

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397 **Table 4.** Estimates (\pm SE) (days) and P-values to contrasts at which 50 and 90% of *Ceratitis*
 398 *capitata* mortality was reached

	50% mortality		90% mortality	
	Estimate	P	Estimate	P
Sugar vs. sugar + GRO	0.601 \pm 0.278	0.0309	0.844 \pm 0.273	0.0021
Sugar vs. sugar + protein	-0.594 \pm 0.238	0.0130	-0.230 \pm 0.274	0.4013
Sugar vs. sugar + protein + GRO	-0.392 \pm 0.257	0.1270	-0.550 \pm 0.294	0.0621
Sugar + GRO vs. sugar + protein	-1.196 \pm 0.258	<0.0001	-1.074 \pm 0.264	<0.0001
Sugar + GRO vs. sugar + protein + GRO	-0.994 \pm 0.273	0.0003	-1.394 \pm 0.287	<0.0001
Sugar + protein vs. sugar + protein + GRO	0.202 \pm 0.232	0.3831	-0.320 \pm 0.289	0.2681

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